

Setting Financial Goals Note Taking Guide

	Total Points Earned
	Total Points Possible
	Percentage

Name _____

Date _____

Class _____

Directions: Use the prompts provided to take notes during the lesson.

Goal Setting

What is a goal? 

Identify one way goal setting can benefit you. 

Is it realistic to write goals for every decision you make? 

Goal Setting and Financial Planning

Goal setting is important to financial planning

What is **financial planning**?

What is a **financial goal**?

Setting and Achieving Goals

Describe each element of a SMART goal in the table below. Make sure to include any vocabulary term definitions.

S	Specific	
M	Measurable	
A	Attainable	
R	Realistic	
T	Time Bound	

What is one way that you can ensure you reach your goal after it is written?

Write one SMART financial goal for yourself: